

# HOLDEN GRANGE

CARE GROUP

EST 1964

Family-run care homes, each one with a unique identity



## HILLBRO

NURSING HOME

EST 1994

OFFERING NURSING & SPECIALIST DEMENTIA CARE



## ABOUT HILLBRO

Hillbro is a historic home in a picturesque setting, offering a relaxed and friendly environment for those who require 24 hour nursing and specialist dementia care of the highest standard. Situated just below Baildon Moor and the village itself, the home is on a main bus route and close to a train station, with easy access to local amenities including shops, a post office and a well-equipped community centre.

The historic house is made from traditional Yorkshire stone and benefits from large windows and spacious rooms with splendid views. We are lucky enough to have a large private garden with a sun-drenched patio, where residents can enjoy specially designed planting.



## OUR VALUES

We strive to provide care that allows our residents to lead an enjoyable life with maximum independence and dignity, in safe and comfortable surroundings. By understanding and valuing the needs of each individual, we can offer personalised care and enable our residents to live the life they choose to the agenda that suits them.

Our care approach is both personalised and collaborative, recognising that meeting residents' needs and wishes is essential and that this is a partnership based on strong and positive relationships.

Our 'Residents' Charter of Rights' is observed by all care staff and is laid out below.



## HILLBRO RESIDENTS' CHARTER OF RIGHTS

Residents shall have the right:

- To retain their personal dignity and independence irrespective of the severity of their physical or mental infirmity.
- To have their social, emotional, religious, cultural and political needs accepted and respected.
- To have skilled, sensitive and understanding care to enable them to achieve the highest possible quality of life.
- To have their personal privacy respected.
- To be consulted about daily living arrangements in Hillbro Nursing Home and to participate in discussions about proposed changes to these arrangements.
- To be involved and be kept informed about their individual assessment of need.
- To have a regular review of their individual circumstances and to have the right to be present at any review meetings.
- To make informed choices about their care plans.
- To be kept informed of all the services offered by Hillbro.
- To choose their own medical practitioner and to consult them in private.
- To manage their own personal affairs, including finances (if mental capacity allows).
- Not to be moved without prior consultation.
- To have access to a formal complaints procedure.
- To be given the opportunity to vote in local and general elections.





## ACTIVITIES

The atmosphere at Hillbro is friendly and relaxed and socialising is an important part of daily life. We run a varied calendar of events which includes games, quizzes, crafts, sing-songs, chair aerobics, garden parties and barbecues. We encourage our residents to join in with activities like embroidery, painting, bingo and board games. We have regular visits from professional entertainers from musicians to magicians. Special occasions, whether birthdays or national events, are celebrated. Our care team also arrange outings to the local area and further afield.

## MEALTIMES

Residents choose from a varied and plentiful menu of home-cooked meals using seasonal, fresh produce. As well as breakfast, lunch and dinner, refreshments and snacks (including delicious homemade cakes and biscuits) are available throughout the day. Our dining rooms are elegant and spacious and mealtimes offer a great opportunity for socialising.

## ACCOMMODATION

Hillbro provides nursing care for 43 ladies and gentleman in a beautiful, historic building.

We have a number of communal rooms, including three lounges, two dining rooms and a bright and airy conservatory. These rooms are for relaxing and for social activities.

Our bedrooms are single, and most are en-suite. These rooms are the private space of the person living in that room. Residents are encouraged to bring their own belongings and furnishings to personalise their room. Every room has a nurse call system and private phone lines are available by arrangement. We do all we can to create a 'home from home' and help people live as independently as possible in comfortable surroundings.



## NURSING CARE

Our round the clock nursing care is dedicated to supporting people with both simple and complex nursing needs.

We carefully assess the level of nursing care for each resident and from this, create a collaborative care plan that is tailored to the needs of the individual. This plan is agreed with the resident, their family and health professionals to ensure it meets all their personal needs.

Our nurses spend time getting to know the personalities, preferences and concerns of our residents, and each resident has the comfort of being cared for by familiar faces. Our nursing care offers the reassurance of expert professional help with the feeling of being at home.

## DEMENTIA CARE



Living with dementia doesn't have to be a lonely experience. At Holden Grange Care Group, we understand that there are many ways to help sufferers live a full and happy life.

Dementia is a progressive illness, but how people experience dementia varies with each individual. Places are offered following an individual assessment, to ensure we can meet each person's specific needs, and that the environment is suitable for them.

Our friendly team of carers offer real understanding and a dignified lifestyle for sufferers of dementia. You can be sure that your loved one will be in an understanding, nurturing environment with professionals who have the experience and knowledge to safely care for them.

## RESPIRE CARE

Caring for a dependent is often very rewarding, but it can also be challenging, which is why we offer short-breaks and respite care for adults of all ages at Hillbro. A change of scenery and a break of routine can be very beneficial to everyone concerned.



## PALLIATIVE CARE

Palliative care focuses on the relief of pain and symptom control for anyone with a serious illness or nearing the end of their life. The overall aim is to improve quality of life in comfortable surroundings whilst always maintaining dignity.





## A CARING TEAM

Holden Grange Care Group is a family-run business of over 30 years standing, so you can be confident you're in safe hands. We strive to create a homely atmosphere for both staff and residents and we aim to make the final years of a person's life the best they can be.

Our qualified nursing team are on duty 24 hours a day, supported by visiting specialists like Speech and Language Therapists, Dieticians, Physiotherapists, District Nurses and of course our local GP.

Our intention is to provide care that allows our residents an enjoyable life with maximum independence and dignity, in safe and comfortable surroundings. We strive to ensure that all our residents receive the highest standard of care and enjoy a healthy diet, exercise, hobbies and social activities.



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We'd be delighted to answer your questions and arrange a tour of Hillbro. The team would love to welcome you for lunch or a cuppa so you can experience day-to-day life at the care home yourself. Contact us now and discover a happy place to make your next home.

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